

HEALTH AND WELLBEING BOARD

29 MARCH 2017

	Report for Resolution
Title:	Health and Wellbeing Strategy 2016-2020. Healthy Culture Report
Lead Board Member(s):	Marcus Bicknell
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Brief summary:	This report provides the Board with information on strategic developments in relation to the Healthy Culture Outcome of the Health and Wellbeing Strategy 2016-2020.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) note the contents of this report and consider what actions Health and Wellbeing Board members can take together to progress the Healthy Culture Action Plan.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report provides the Board with information on strategic developments in relation to the Healthy Culture outcome of the Health and Wellbeing Strategy 2016-2020.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

Reablement, delayed transfers of care and integration all cover mental health needs as well

as physical health requirements.

Financial resilience improves circumstances that may otherwise cause mental health related issues, also looks at issues that arise as a result of mental illness.

Assistive technology promotes independence which in turn enhances wellbeing of citizens and their carers.

Looking After Each Other plans to integrate mental health into the model.

LION online directory provide access to information around services and support cover physical and mental health needs.

Background papers:

Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.

None